

## **SUPPORT CONTINUING PROFESSIONAL DEVELOPMENT (CPD)**

**CPD comprises of the learning activities professionals engage in to develop and enhance their abilities. CPD is a holistic approach towards the enhancement of personal skills and proficiency throughout a professional's career.**

**CPD can be Structured CPD/Active Learning, Reflective CPD/Passive Learning, and Informal CPD/Self-Directed Learning.**

It is a commitment to ongoing lifelong learning. CPD encourages looking forward and identifying opportunities to learn something new, refresh existing knowledge, improve skills, or simply keep up to date with the latest developments within a particular profession or industry.

**In practice, CPD can mean everything from taking a training course or attending an educational event, to studying for new qualifications or learning new aspects of a job.**

**Continuing Professional Development enables learning to become conscious and proactive, rather than passive and reactive. It involves an individual documenting and keeping a record of the increasing skills, knowledge and experience they gain throughout their career.**

CPD combines different methodologies to learning, which includes training courses, seminars, workshops, conferences and events, webinars, and online eLearning programs. CPD can also include sharing best practice techniques, thoughts and ideas, all focused on an individual improving within the work environment.

**Engaging in CPD activities ensures that both academic and practical qualifications do not become outdated or obsolete and allows for individuals to continually 'up skill' or 're-skill' themselves regardless of their occupation, age, or educational level.**

Continuing Professional Development is an ongoing process of frequently improving skills and competencies to enhance workplace performance and future career prospects.

**In conclusion, CDP is a powerful learning tool that professionals from across all industries can apply to improving skills and developing their knowledge.**

**Respectfully,**

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